

## WHAT TO DO?

So you've just got your new tattoo.. now what?

"Before ever touching your tattoo, please wash your hands,"

- One hour after leaving your appointment you can wash your hands and remove the tattoo wrapping that your artist applied.
  - Wash your tattoo gently under Luke warm water for 20 seconds with a gentle dettol hand wash.
- Pat dry with a clean towel or clean paper towel and allow to air dry further, if you notice any excess
  plasma, blood or ink bubbling, gently pat with little to no pressure until it subsides.
  - Be sure to wash your tattoo twice daily until fully healed, a clean tattoo is a happy tattoo.
- Avoid creams and ointments for the first 3 days (unless instructed by your artist) and allow your body to seal your new tattoo (too much cream too soon can act like a grazed knee left to soak in the bathtub).
- After 3 days (eg; you got tattooed Monday, it's now Thursday morning) you can apply a 10 cent piece amount of cream per palm sized area up to 3x a day until your tattoo is fully healed. Please wash your hands and tattoo before applying any ointments.

Any excess ointment left on the surface can be gently removed by soft dabbing with clean paper towel

## WHAT TO AVOID

- DO NOT expose your new tattoo to direct sunlight.
- DO NOT go swimming or submerge your new tattoo in any still water.
- DO NOT scratch itch or pick your new tattoo or any flakes/scabbing. Allow them to fall off naturally.
   DO NOT allow your pets near your healing tattoo,
  - CHANGE YOUR SHEETS, dirty used sheets can infect your open tattoo.
- AVOID any dirty unsanitary surfaces from coming into contact with your new tattoo, it is open skin.
  - AVOID any riggeded or tight clothing from rubbing on your new tattoo.
    - DO NOT lean on your healing tattoo.
    - DO NOT let your friends or family touch your healing tattoo.

## \*\*PLEASE NOTE\*

Slight redness and swelling is normal and expected, bruising can occur. If symptoms persist, please contact your artist via email where they can aid you further.